

102 | SAFE RETURN TO PLAY RULES FOR COACHES

Pelada Football Academy coaches will be responsible for knowing and enforcing the following safety guidelines.

- Follow all protocols related to health and safety, including social distancing (maintain distance of six feet or more at all times).
- Enforce rules and guidelines with players.
- Monitor personal health and hygiene; stay home if feeling sick.
- Complete self-check for temperature and other symptoms 30 minutes prior to each session.
- Wash hands before and after training sessions.
- Wear a mask at all times.
- When possible, use gloves to handle equipment.
- Do not allow players to touch equipment.
- Wash/sanitize equipment after training.
- No group celebrations, high 5's, hugs, handshakes, or contact with others.
- Promote fun, social engagement, and safety as your top priorities.
- Be respectful of your players and fellow coaches, especially in any matters relating to post-COVID discomfort or anxiety.