

COACH DEVELOPMENT ACADEMY



THE GOAL: Offer ongoing education and support for youth players who show interest in **coaching, leadership, and mentoring.**

- Identify young players with leadership and coaching potential.
- Deliver specific, age appropriate curriculum to help young coaches learn and progress.
- Integrate youth coaches and coach education into year round PFA activities.

PROGRAM COMPONENTS

FIELD TRAINING SESSIONS Field training focused around technical, tactical, practical, and performance coaching topics.

CLASSROOM TRAINING SESSIONS Classroom training focused around game analysis, theoretical topics, and teaching methodology and practices.

COACHING PRACTICE Assist senior staff coaches with academy training sessions and/or summer clinics.

MENTORSHIP CHAIN Form mentoring relationships with other coaches and players in the CDA pathway.

CDA PATHWAY

1 STUDENT



2 CAPTAIN



3 MENTOR



4 TRAINER



5 COACH

WHO IS ELIGIBLE?

Pelada Football Academy players age ten and older who display eagerness to learn, investment in their teammates, and exemplary coach-ability in their team environments.

WHY PARTICIPATE?

- Gain valuable leadership and mentoring experience.
- Rapidly improve technical skills and tactical knowledge.
- Get extra time and touches on the ball.
- Work closely with senior academy coaching staff.
- Earn volunteer hours for fulfilling school requirements.
- Earn a paycheck once players reach age 16 and older.

WHAT IS THE TIME COMMITMENT?

CDA participants meet once a month (2nd Sunday) on the field or in the classroom. Youth coaches will also have the opportunity to assist senior coaching staff with Primary Academy and/or Preparatory Academy training sessions as well as summer clinics. Schedules are flexible, ranging from 1-5 days per week and varied by season.

WHAT IS THE COST?

\$0. There is no fee for participation.

